

# GETTING TO KNOW DEMENTIA



*Learn what happens when a brain is changing due to some form of dementia, versus other factors, such as normal aging or a high-stress lifestyle. By learning about brain function and changes during dementia, we can begin to understand not only what is lost, but what is retained, to effectively provide that just right support.*

## **Six Separate 1.5 hr Sessions** *(Take a single class or all six)*

- What is Dementia, Really?
- What Brain Changes and Shifts in Ability are Noticed When Dementia Happens?
- Looking at Progression and Seeing More than Loss: The GEMS® State Model
- The GEMS® State Model: In the Right Setting with the Right Care, all GEMS Can Shine
- New Skills for Helping and Supporting
- Being an Advocate and Building a Support Team

May 21st–June 25th  
3:00–4:30 p.m.  
Pinney Public Library



**Register by clicking on the corresponding session above, or call: (608) 224-7100**

**For program questions, call:**  
(608) 240-7464

No Cost